

P1 Demonstrate a Person Centred Approach to Promote Positive Behaviour

- 1. Explain what a person centred approach and positive behavioural support is.**
- 2. Name five different contexts where the promotion of positive behaviour is required.**
- 3. Describe and explain the 3 factors that need to be considered when supporting service users**

For each factor

- i. Describe/define what they are.*
- ii. Describe the examples and apply them to one of the contexts*
- iii. Explain why they need to be considered when promoting positive behaviour.*

Include the following factors.

a) Identifying Patterns of Behaviour:

- Pacing*
- Facial expressions*
- Increased breathing rate*

b) Understand The Impact of the Environment on Behaviour:

- Personal Space*
- Structure of Activities*
- Permitting Autonomy*
- Maintenance of Dignity and Respect*

c) Understand the Physiological Aspects of Behaviour

- *Pain / illness / infection*
- *Substance use*
- *Epilepsy / diabetes*

4. Describe and explain what is included in Behaviour Support Plans

a) Explain what a behaviour support plan is and what they aim to do

b) Explain why they are person centred

c) Describe the contents and aims of the 3 components

d) Gives examples of actions that would be in each component

Components

- *Primary Strategy*
- *Secondary Strategy*
- *Tertiary Strategy*