

Helping a Friend with Autism

Play with them, include them in your games and show them the right way to play the games.

When you're talking, use short sentences. Too many words can be confusing.

Try not to be sarcastic or to exaggerate.

Warn your friend with autism if something is going to change or be different.

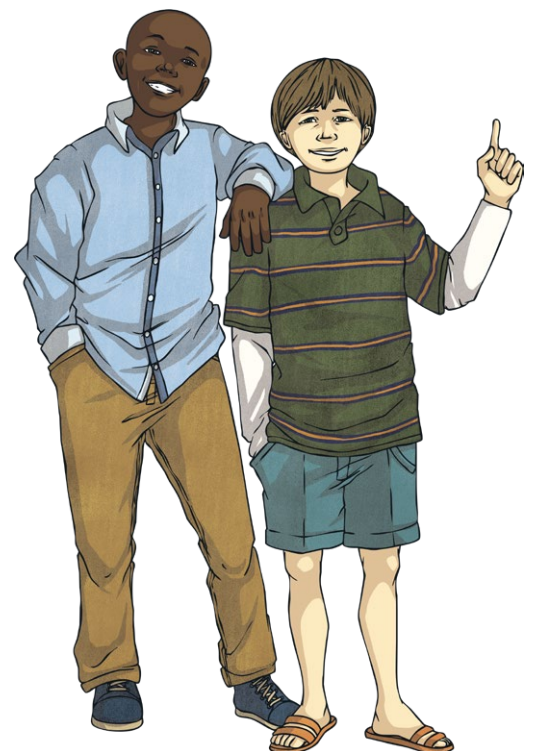
It might take your friend with autism a while to answer a question. Be patient!

Drawing pictures or writing things down makes it easier for people with autism to understand.

Understand that your friend with autism might not be able to understand how you are feeling. Tell them!

If your friend with autism becomes anxious or upset, help them to find a quiet place where they can calm down.

Be kind and friendly to them - show others the right way to be.



visit [twinkl.com](https://www.twinkl.com)